

**Appendix 1.** Open-ended survey administered to EMBeRS cohorts.

- 1) Prior to the EMBeRS workshop, have you had any integrative research training (i.e., informal/formal trainings in professional or academic setting)? If so, please explain.
- 2) Please describe the graduate program you are currently enrolled, your dissertation research topic, and overall, how things are going.
- 3) In conducting your dissertation research, what barriers (if any) do you face? Please explain and provide examples.
- 4) In reflecting on the EMBeRS approach, what aspects might be most useful to overcome research barriers? Please explain and provide examples.
- 5) What recommendations would you make for future integrative research trainings?