

Table A3.1 Outcomes, items and response format used for the self-assessment questions given to participants post activity.

Self-reported outcomes from discussion	Items	Response format
Aid to discussion depth and complexity	This exercise helped me to discuss more complex and profound issues about the AMPR	Strongly agree -1, Agree-2, Neutral/neither agree nor disagree-3, Disagree-4, Strongly disagree-5
	The process helped to raise issues in discussion that would not have arisen in a normal conversation environment	
Aid to personal reflection	This process helped me to better understand the challenges in the AMPR	
	This exercise helped me to understand better the importance of management (control and regulation of gears) in the AMPR	
	This exercise helped me think about the importance of many aspects of the AMPR	
Usefulness to facilitate knowledge exchange	The group exercise was useful to understand the perspectives of other fishers	
	This exercise helped to facilitate this discussion group	