

APPENDIX 1

QUESTIONNAIRE

MOUNTAIN LAKES IN THE ALPS

Section 1

The questionnaire below is composed of questions about your perception of mountain lakes. These are smaller-sized natural lakes, which are located at least 1000 meters above sea level. To complete this questionnaire will take you approximately 10-15 minutes.

Within each section, please choose the most appropriate option for you.

The participation is voluntary and anonymous. You can withdraw at any time. All data will be treated confidentially and not be passed on to third parties.

Please find further information about this project at: <https://www.uibk.ac.at/projects/claires/index.html.de>

* required

Consent of voluntary participation *

I hereby confirm my voluntary participation

Section 2

What are mountain lakes particularly suitable for? How accurate are the following statements in your opinion? Mountain lakes are suitable... *

	does not apply at all	does not really apply	somewhat applies	definitely applies	don't know
for research purposes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
for leisure activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
to transfer knowledge about nature	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
for commercial purposes, e.g. as a film location	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
for advertising, e.g. of products	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Thinking of mountain lakes, which of the following statements are more or less accurate for you?
Mountain lakes are ... *

	does not apply at all	does not really apply	somewhat applies	definitely applies	don't know
essential elements of alpine landscapes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
places with symbolic power	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
places of spirituality	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
places of great aesthetic value	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
worth preserving in their natural state	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
places that convey a sense of home, of belonging	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Section 3

Have a look at the picture. Imagine that you have arrived at this mountain lake and take a short rest.



How accurate are the following statements for you?

Visiting a place like this leaves me with the feeling that I have learned something from nature *

does not apply at all 1 2 3 4 5 definitely applies

Having spent time at a place like this, I feel healthier *

does not apply at all 1 2 3 4 5 definitely applies

Visiting a place like this leaves me with lasting memories *

does not apply at all 1 2 3 4 5 definitely applies

In a place like this, I feel excited *

does not apply at all 1 2 3 4 5 definitely applies

A place like this makes me feel at home *

does not apply at all 1 2 3 4 5 definitely applies

Visiting a place like this gives me a sense of freedom *

does not apply at all 1 2 3 4 5 definitely applies

In a place like this, I feel in touch with nature *

does not apply at all 1 2 3 4 5 definitely applies

A place like this instills inner peace within me *

does not apply at all 1 2 3 4 5 definitely applies

This is a place to refresh and cool down on particularly hot days *

does not apply at all 1 2 3 4 5 definitely applies

Having visited a place like this, I feel more relaxed *

does not apply at all 1 2 3 4 5 definitely applies

In a place like this, I find inspiration *

does not apply at all 1 2 3 4 5 definitely applies

Section 4

You are visiting a mountain lake. In your opinion, what could diminish your experience of this visit and discourage you from extending your stay? Please, briefly describe this in a few words. *

Section 5

Concluding this survey, we would like to ask you for some personal data. Providing this information is voluntary. We wish to reiterate that all data is treated confidentially and will not be passed on to third parties.

Gender

- Female
- Male
- X

In which year were you born? _____

How frequently do you spend time in nature?

- Every day
- Several times a week
- Several times a month
- Once a month
- Less than once a month

On average, how often do you visit mountain lakes a year?

- never
- occasionally (1 - 3 times)
- often (4 - 10 times)
- frequently (more than 10 times)

How do you relate to the Alpine region?

- I live in the Alpine region, where I also grew up
- I live in the Alpine region, but I did not grow up there
- I live outside of the Alpine region and visit it primarily as a tourist
- I grew up in the Alps, but now I live somewhere else
- I mainly travel to the Alpine region for professional purposes
- I have no connection to the Alpine region