

APPENDIX 1: Questionnaire

Demographics

Please specify your age:

1. _____ years

Please specify your gender:

1. Female
2. Male
3. Other (specify): _____

And what is the postcode of your main residence? _____

Nature definition

What comes to mind when you think of 'nature'? Please describe in your own words.

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In this survey, we would like you to think about nature as everything that is not made by humans. This includes all the *animals, plants*, and *vegetation* in *land* and *water* habitats, located in *urban* and *rural* areas, and including *highly modified landscapes* through to *pristine wilderness* areas on land and in the water.

Connection with nature †

Please rate the extent to which you agree or disagree with the following statements:

	Strongly disagree (1)	(2)	(3)	Neither agree nor disagree (4)	(5)	(6)	Strongly agree (7)
1. I think of myself as an ‘environmentalist’							
2. I think of myself as someone who is very concerned about taking care of nature							
3. Protecting nature is an important part of who I am							
4. My relationship to nature is a big part of how I think about myself							
5. I feel uneasy if I am away from nature for too long							
6. I feel right at home when I am in nature							
7. Feeling connected to nature helps me deal with everyday stress							
8. I feel a strong emotional connection to nature							
9. I enjoy spending time in nature							
10. I like to get outdoors whenever I get the chance							
11. Being in nature allows me to do the things I like doing most							
12. Getting away on an overnight trip in nature is something I do as often as I can							
13. Forests are valuable mostly because they produce wood products, jobs and income for people							
14. Meeting the needs of people requires sacrificing some natural areas							
15. In order to provide us with the goods and services we need we can’t avoid nature being degraded.							
16. Natural areas are important to people because we use them for recreation							
17. My connection to nature is something I would describe as “spiritual”							
18. Everything in nature is connected (e.g. animals, plants, humans, water, air, land, fire, etc.)							
19. Human beings and nature are connected by the same ‘energy’ or ‘life-force’							
20. Human wellbeing depends upon living in harmony with nature							

† Items included in the CN-12 are in bold

Pro-environmental behaviour

In the last year, how often have you done each of the following activities?

	Never (1)	Rarely (2)	Sometimes (3)	Often (4)	Always (5)
1. Controlled the movements of your pets to keep them away from native birds and animals i.e. keep my cat inside at night					
2. Chosen native plant species when planting/gardening					
3. Reduced energy use (e.g. electricity/gas) in the home					
4. Chosen sustainable seafood					
5. Used public transport rather than driving					
6. Volunteered time for activities that take care of the environment (e.g. planting trees, clearing weeds)					
7. Collected information on the natural environment for scientific projects or databases (citizen science)					
8. Donated money to organisations that take care of the environment					
9. Advocated for the environment (by, for example, contacting businesses or politicians about environmental issues, signing pro-environment petitions, attending rallies etc.)					
10. Cleaned up litter in a public space, park or forest					
11. Been involved in a local community garden or community composting activity					
